

Coed Ultimate Frisbee

Games held on Sunday afternoon's

August 1 - September 12 (No Games on Labor Day)

Games Held at Volunteer & Sehmel Park

Ages: 18+ Fee: \$195 per Team Min/Max: 4/8 Teams

Registration Deadline: Friday, July 14th

Captain's Meeting/Practice: July 28 -6:30pm at Sehmel



Gather your family and friends to form an Ultimate Frisbee team. Ultimate Frisbee is one of the fastest growing sports in the world where over 100,000 people playing in the United States. Combining the non-stop movement of soccer with the aerial passing skills of football the object of the game is to score, catching a pass in the opponents end zone. This is a self officiated non-contact sport played in an open field with a specialized Ultimate Frisbee disc.

For more information or how to register your team



253-884-9240

www.keypenparks.com



253-858-3400

www.PenMetParks.org