

A Basic Guide to Multiuse Trails Etiquette

1. See and Be Seen

a. Visibility is crucial when out on trails and in the woods. Dress in reflective or bright-colored clothing. Invest in a headlamp or lights for your bike (front and rear). Remember, always travel at a safe speed, even if you are highly visible.

2. Keep Right, Pass Left

- a. Stay on the right-hand side of the trail and let people pass you on the left, regardless of their transportation mode. The courteous thing to do is warn people ahead of time that you are going to pass.
- b. If you are on a bike, ring a bell, call out a friendly "on your left" or "mind if I pass?"
- c. When passing a horse, try not to use a bell or other foreign noise; instead, give the rider an audible heads-up that you would like to pass.

3. Mind Your Pets (and watch out for other droppings!)

a. Pets should be kept on leashes all around our parks and on the trails, but make sure you are paying attention to wear pets are and where their leash is. Pick up after your pets and watch out for other droppings.

4. Leave No Trace and Stay on the Trail

a. Make it a goal to operate in the natural environment with as little impact as possible. Leave no trash behind, stay on the trail, do not damage any vegetation, don't move any rocks, and don't bother any wildlife. Take only pictures; leave only footprints (or bike tracks, hoofprints, or pawprints in the dirt!).

5. Downhill Yields to Uphill

a. On narrow and hilly trails, the downhill traveler always yields to the uphill traveler. The uphill traveler has reduced visibility compared to the downhill traveler, and they are working against gravity and use extra momentum to get up that hill.

6. Be Considerate with Your Smart Phone

a. Use headphones if you are listening to music or a podcast and keep the volume low so you can hear approaching hikers, runners, equestrians, or bikers.

7. Most Importantly... Be Friendly!

a. Smile and say hello to other trail users. Everyone deserves to use the trails and no one group should claim the multiuse trails. Remember to remain cool, calm, and collected if anything goes awry. A friendly attitude can go a long way. Cooperate with other people that are doing a different activity than you.